

EXHIBIT 41

UNITED STATES DISTRICT COURT
NORTHERN DISTRICT OF OHIO
EASTERN DIVISION

IN RE: NATIONAL PRESCRIPTION
OPIATE LITIGATION | MDL No. 2804
This document relates to: | Case No. 17-md-2804
Jennifer Artz v. Endo Health | Judge Dan Aaron Polster
Solutions Inc., et al. |
Case No. 1:19-OP-45459 |
Darren and Elena Flanagan v. |
McKesson Corporation, et al. |
Case No. 1:18-OP-45405 |
Michelle Frost, et al., v. |
Endo Health Solutions Inc., |
et al. |
Case No. 1:18-OP-46327 |
Walter and Virginia Salmons, |
et al., v. McKesson |
Corporation, et al. |
Case No. 1:18-OP-45268 |

VIDEOTAPED DEPOSITION OF
DR. KANWALJEET ANAND, M.D.

January 28, 2020

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* * *

1 balance a system that needs to maintain
2 homeostasis, correct?

3 A. Exactly, yes.

4 Q. And then you go on to say:

5 The data on opioid exposure are
6 somewhat muddled because many of those data
7 were obtained from children of heroin abusers
8 and had an overlay of several social and other
9 factors that call those findings into question,
10 period.

11 Do you see that?

12 A. Did I -- yes.

13 Q. Now, would you -- do you stand by
14 that statement as you made it in 2016?

15 A. Yes, I did.

16 Q. And was that a recognition that,
17 going from the science we are talking to the
18 kind of patients on the clinical level, that
19 many women who give birth to NAS children are
20 not simply taking an opioid as prescribed,
21 correct?

22 A. That is part of the contributing
23 factor, yes.

24 Q. And if you're going to be looking at

* * *

1 registries established for NAS, and then,
2 lastly, a toxicology screen.

3 Q. So all of those things together
4 allow you to diagnose a person who's currently
5 18 --

6 A. Yes.

7 Q. -- with NAS, obviously when they
8 were born.

9 A. Yes.

10 Q. But NAS itself as a disease
11 condition is a disease condition of birth?

12 A. Yes.

13 Q. Or about the perinatal period,
14 right?

15 A. That is correct.

16 Q. Now, looking at what's been marked
17 as Exhibit 11 and is in front of you, if you go
18 to, I think, the middle of that paragraph?

19 A. Um-hmm.

20 Q. It says -- starts with the word
21 "published."

22 Do you see that?

23 A. Yes.

24 Q. It says:

1 Published follow-up studies of NAS
2 babies, however -- comma, however, comma, show
3 minimal long-term effects related to prenatal
4 opioid exposure.

5 Do you see that?

6 A. Yes, I do.

7 Q. And then you go on to talk in the
8 next sentence about Baldacchino; is that
9 correct?

10 A. Yes.

11 Q. So at least as of your August 2018
12 report, it was your understanding of the
13 literature that published follow-up studies of
14 NAS babies showed minimum long-term effects
15 related to prenatal opioid exposure, correct?

16 A. That is correct.

17 Q. And then when you -- if you go to
18 what has been marked as Exhibit 8, which is
19 your December report.

20 A. Um-hmm.

21 Q. You say in the middle of that
22 paragraph starting with the word "thus," in
23 paragraph 7, my apologies. You see it says:

24 Thus, prenatal opioid exposures have

* * *

1 A. All I'm saying is that this case
2 that we're preparing for is to address children
3 who had opioid exposure and were diagnosed with
4 NAS at birth. We're not really, in this
5 situation, not focusing on children who had
6 fetal alcohol syndrome.

7 Q. And this monitoring program doesn't
8 do anything to address poverty, correct?

9 A. No, it doesn't.

10 Q. It doesn't address parental abuse of
11 children, correct?

12 A. Absolutely.

13 Q. It doesn't address negligence by
14 parents, correct?

15 A. Yes, correct. Although it makes it
16 much more difficult, because when you look at
17 the monitoring surveillance program, it
18 requires, you know, quarterly or biweekly
19 evaluations in the first year after birth, and
20 it requires regular evaluation including home
21 visits during this -- this child's sort of
22 preschool years.

23 So if there is abuse, if there is
24 negligence, then it will be picked up much

1 earlier before it has the ability to escalate
2 and make this child's brain damage worse; the
3 brain damage, meaning, what occurred from
4 opioid exposure during the prenatal period.

5 Q. And what happens if the mother
6 doesn't bring the child in for those
7 evaluations?

8 A. Again, I think the protocol includes
9 a paragraph, if you look at it, there are
10 certain barriers for overcoming those. It's
11 paragraph number 4 on the page just before my
12 signature page and it says:

13 Barriers for implementing these
14 monitoring protocols must be anticipated and
15 addressed. These may include providing funding
16 for transportation to scheduled assessments or
17 making the transport arrangements, providing
18 token compensation to participants facilitating
19 access by offering home visits or assessments
20 at a location convenient for the
21 parent/caregiver, consideration for living
22 situation and other barriers.

23 So I think it is important that we
24 anticipate those barriers and see why there is

1 no compliance, that the mother is -- why the
2 mother is not bringing this child in for
3 evaluations, and trying to overcome those.

4 Q. Now, one of the ways you suggest we
5 may overcome that is by offering some financial
6 incentives to the parents for bringing their
7 kids in?

8 A. Yes.

9 MR. EHSAN: I'm going to mark --
10 (Exhibit 14 marked for
11 identification.)

12 BY MR. EHSAN:

13 Q. Doctor, you've been handed what's
14 been marked as Exhibit 14. This is an article
15 titled Measuring Socioeconomic Adversity in
16 Early Life; is that correct?

17 A. That is correct.

18 Q. And are you the first author on that
19 article?

20 A. Yes, I am.

21 Q. And this was published in?

22 A. 2019.

23 Q. 2019.

24 So after your first declaration,

1 before your second declaration, correct?

2 A. That is correct.

3 Q. Are you familiar with the content of
4 the article?

5 A. Yes, I am.

6 Q. What was the aim of your study?

7 A. The aim of this study was to develop
8 a way of assessing socioeconomic adversity.

9 For decades, socioeconomic status
10 had been assigned after looking at simply
11 economic factors without taking account of the
12 social factors that the -- the child or -- and
13 the mother and the child may be experiencing.

14 And so this was one attempt at
15 creating an index that will account for social
16 as well as economic factors to assign
17 socioeconomics or to estimate the socioeconomic
18 adversity.

19 Q. So to the extent that socioeconomic
20 status was perhaps not a refined concept, it
21 could have made studies who were trying to
22 control for socioeconomic status potentially
23 less reliable because they were not taking a
24 fine-grain approach to it, as you suggest in

1 your article, correct?

2 A. That is correct.

3 Q. In the -- on the bottom of the first
4 page, there's a colored box that has a title:
5 Key notes.

6 Do you see that?

7 A. Yes, I do.

8 Q. And could you read the second note,
9 the second bullet?

10 A. Sure.

11 Social and familial factors
12 significantly contribute to early life
13 adversity which leads to worse long-term
14 physical/mental health outcomes.

15 Q. And you agree with that statement?

16 A. Yes.

17 Q. And the next bullet states:

18 Factors predicting socioeconomic
19 adversity in early life include: Marital
20 status, household structure, annual income,
21 education, and health insurance.

22 Did I read that correctly?

23 A. That is correct.

24 Q. So all of these factors would be

1 relevant to how the child does in terms of
2 their physical and overall health outcomes,
3 correct?

4 A. That's correct.

5 Q. And if you go to -- my vision
6 here -- if you go to page 2 of the article.

7 A. Okay.

8 Q. You state, the left paragraph, that
9 first indented -- left column, first indented
10 paragraph starting "instead."

11 Do you see that?

12 A. Starting where?

13 Q. So the second page of the article --

14 A. Yeah.

15 Q. -- left-hand column, the first
16 indented the paragraph --

17 A. Yeah, okay.

18 Q. -- that starts with "instead."

19 A. "Instead of focusing."

20 Q. And it states:

21 Instead of focusing -- or you state:

22 Instead of focusing on poverty, we
23 call for considering socioeconomic adversity
24 more broadly as that resulting from social,

* * *

1 from conferences or colleagues that you think
2 is reliable, correct?

3 A. Yes.

4 Q. And in terms of the individualized
5 aspect, I assume that you treat each of your
6 kids or your patients as individuals.

7 A. Um-hmm.

8 Q. Yes?

9 A. That's true.

10 Q. And so what that means is that when
11 you make clinical decisions about their care,
12 you weight risks and benefits and exercise your
13 clinical judgment in a way that is specific to
14 each child; is that fair?

15 A. That is correct.

16 Q. Okay. And so when we think about
17 this population of NAS children that we have
18 been talking about, would you agree with me
19 that each NAS child is unique in his or her
20 genetic makeup?

21 A. Yes, absolutely.

22 Q. They have their own unique genome --

23 A. Yes.

24 Q. -- that is made up of the unique and

1 individual genetic makeup of each parent,
2 right?

3 A. That is right.

4 Q. Okay. And each parent that is
5 contributing to this child's genetic makeup
6 have their own unique and individual epigenetic
7 influences through their life, right?

8 A. That is correct.

9 Q. And are you one that believes that
10 that could be transgenerational effects that we
11 see down the road from epigenetic influences?

12 A. Yes, there is fairly good evidence.
13 It's still pretty shaky, but there's fairly
14 good evidence accumulating for that.

15 Q. And so to the extent the parents,
16 and particularly the mother who we are looking
17 at who has used opioids at some point during
18 her pregnancy for different reasons, each of
19 their genetic makeup and their epigenetic
20 influences get passed on to their NAS child,
21 right?

22 A. That is correct.

23 Q. Okay. And would you agree with me
24 that each NAS child has very individual and

* * *

1 with their diagnosis. Their -- I see no reason
2 to question their diagnosis.

3 Q. Understood. And so we know, then,
4 for this population of NAS children that each
5 child is going to be different in terms of what
6 NAS scale was used, which kind of health care
7 provider filled it out, whether it was a nurse,
8 doctor, PA, and there will be differences in
9 how they're treated based on how they're
10 scored, right?

11 A. That is correct.

12 Q. And each child, each NAS child would
13 also therefore differ in terms of their
14 immediate neonatal and post birth care?

15 A. There will be differences,
16 absolutely, however, there's at least two
17 studies that have shown that when charts were
18 reviewed, where the diagnosis had been
19 documented in the chart, they went back and
20 reassessed those kids, and they showed that
21 those diagnoses were -- were accurate. So
22 there is some reproducibility and -- and there
23 are quality improvement initiatives going on
24 in, you know, different hospitals at different

1 times, which have tended to reduce the
2 inter-rator sort of variations so that there
3 is -- there's, you know, a uniform way of
4 assessing the child.

5 Q. And is there -- am I correct that
6 each NAS child will differ in terms of the
7 severity of the NAS and particularly depending
8 upon whether or not the mother was exposed to
9 other substances?

10 A. That is true.

11 Q. Right?

12 A. Yeah.

13 Q. And each NAS child is going to be
14 different in terms of their performance or how
15 do I say it, health assessment at one year of
16 age, right?

17 A. Absolutely.

18 Q. I take it you're familiar with the
19 data and studies on how important that first
20 year of life is to the overall lifetime
21 performance or development of the child?

22 A. Yes, there -- there is a lot of data
23 to support the developmental origins of, you
24 know, subsequent disease patterns and things

* * *

1 substance abuse, et cetera, they're still
2 talking about children born from mothers
3 exposed to opioids. So that still shows that
4 it's the opioid exposure that is a primary
5 factor. This is, you know, in 1998.

6 Q. Agreed.

7 So let me ask you, then, about --
8 you had mentioned the Patrick study --

9 A. Yes.

10 Q. -- earlier in your testimony too, so
11 I know you've seen it.

12 Do you agree that the predictability
13 of the impact of NAS on a child will vary
14 depending upon drug type, cumulative opioid
15 exposure, and other substances like cigarette
16 smoke?

17 A. Yes, I agree.

18 Q. Okay.

19 A. But the opioid exposure is
20 contributory and a major player.

21 Q. And -- but you're acknowledging
22 there are a lot of other potential
23 contributors?

24 A. Sure.

* * *

1 and D may not be there. Information may be
2 missing on that, but if there is a toxicology
3 screen that is positive, I would include that
4 child within the class so that we can start the
5 monitoring and the surveillance and at least
6 rule out the -- the long-term effects of the
7 opioid exposure.

8 Q. Well, there are NAS children who
9 have been diagnosed with NAS based on symptoms,
10 where the blood and cord blood and meconium
11 tests are not positive, right?

12 A. That is right.

13 Q. And there are NAS children -- or
14 strike that.

15 There are children exposed to
16 opioids in utero, who have positive cord blood
17 or positive meconium and yet don't fulfill the
18 NAS criteria and, therefore, are not diagnosed
19 with NAS, right?

20 A. True, NAS --

21 Q. So you're going to include in your
22 class babies who have not been diagnosed with
23 NAS, if they have positive cord blood or
24 positive meconium?

* * *

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